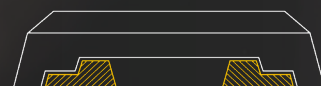


BOYWITHTHEBOX

THE BOY WITH THE BOX



CORPORATE

**STEP CLASS
EXPERIENCE FROM**

£500

@BWTB.PT

BOYWITHTHEBOX11@GMAIL.COM



INJECT ENERGY, IMPROVE MORALE, AND BRING YOUR TEAM TOGETHER THROUGH MOVEMENT, MUSIC, AND LAUGHTER.

This isn't just a fitness session — it's a corporate wellbeing experience designed to:

- ❖ Boost team connection
- ❖ Improve mental wellbeing
- ❖ Encourage movement & mindfulness
- ❖ Create positive shared memories outside the office

WHY IT WORKS FOR TEAMS:

- ❖ **Inclusive & All Levels Welcome** – No previous step experience required
- ❖ **Stress-Busting** – Endorphin-boosting activity that improves mood & focus
- ❖ **Team Bonding** – Moves are done together, creating laughs, trust, and connection
- ❖ **Physical Break** – Perfect complement to office life

WHAT'S INCLUDED:

❖ 1-HOUR THEMED STEP CLASS

Choose from Pop Hits, 90s Throwback, Afro Fusion — or I'll tailor the playlist to suit your company vibe or event theme.

Safe and accessible for all fitness levels

❖ TAILORED CHOREOGRAPHY & MUSIC

Energy meets engagement — every beat and move chosen to keep the team buzzing

❖ TRAVEL TO YOUR WORKPLACE OR EVENT VENUE

All equipment provided — just bring the team!

❖ UP TO 17 PARTICIPANTS

Great for small to medium teams (larger groups available on request)

OPTIONAL ADD-ONS:

❖ **Branded Merchandise** — BoyWithTheBox Hoodies & T Shirts (ask to add on!)

❖ **Post-Class Prosecco** — Add a light celebratory touch (£30)

❖ **Wellness Package Bundle** — Combine with a post-class Q&A on fitness, mindset, or workplace wellness (available upon request)



BOOKING INFO:

- ❖ £50 deposit to secure your date
- ❖ Balance due 72 hours before the event
- ❖ Travel expenses discussed upon enquiry

